

FireAngel[®]

#NetworkofSupport

Keeping safe from fire at home





How to reduce risk of a fire in the kitchen

More than half of all fires at home start in the kitchen. You can help prevent this by following these safety tips:

1. Never leave your cooking unattended. If you need to leave the kitchen for any reason, turn off the heat until you go back into the kitchen. Don't forget to double check you have turned off the hob and the cooker once you have finished cooking.
2. Keep loose clothing and tea towels away from flames. They can catch fire quickly and pose a danger.
3. Avoid cooking when you are tired, drowsy or have been drinking alcohol.
4. Clean your oven and grill regularly as a build-up of fat or grease can easily ignite and cause a fire.
5. Avoid using chip pans - electric deep-fat fryers are much safer. Never put water on a chip pan or oil fire.



Scan or [click here](#) to find out more about keeping safe in the kitchen.





What to do if your smoke or heat alarm sounds?

If your smoke or heat alarm begins to sound and you suspect there is a fire, get out, **stay out and call 999 immediately.**

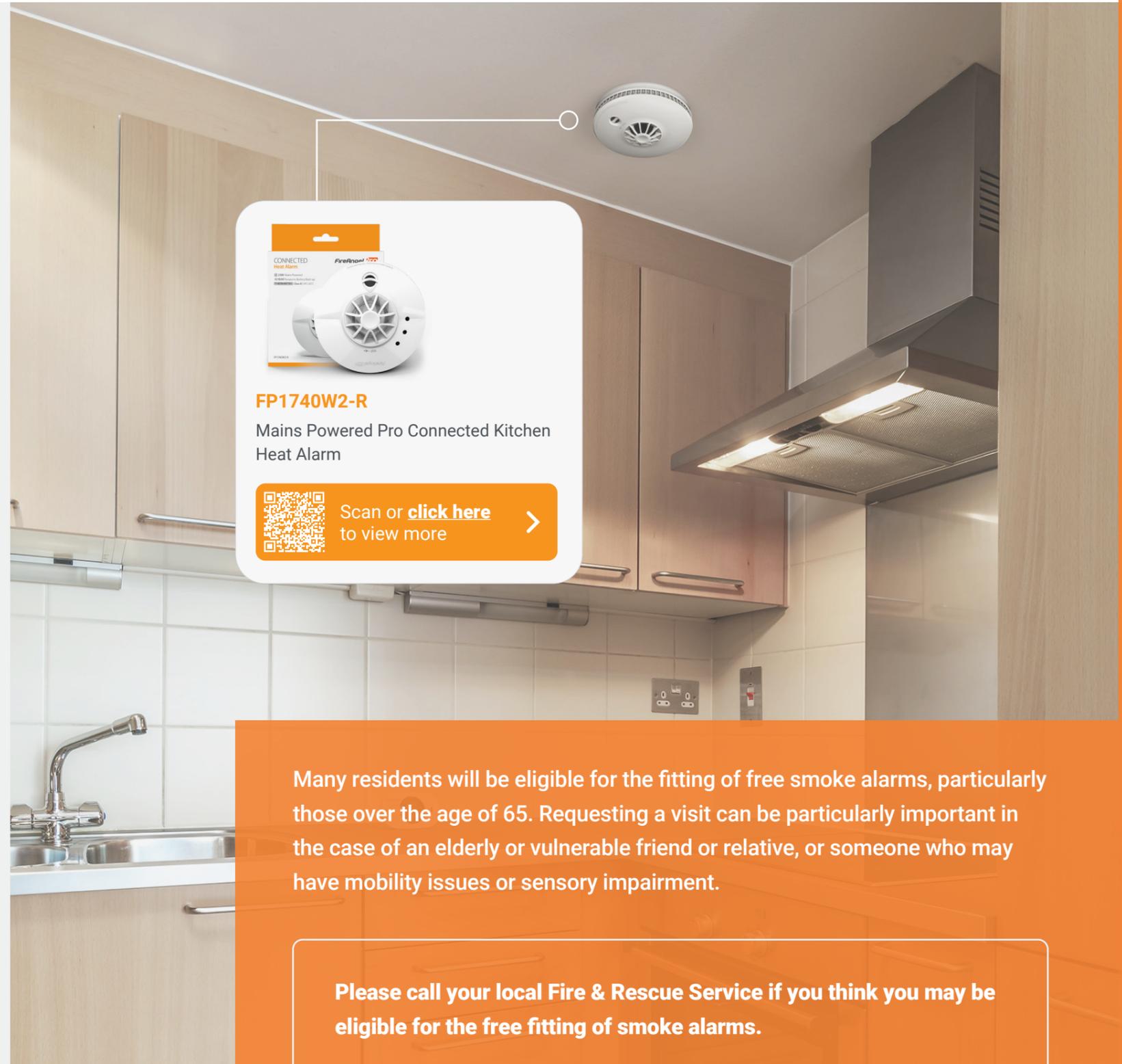
If you hear a smoke alarm go off in a neighbour's property, safely check it out and call 999 immediately if you suspect a fire. Those vital few seconds could help save a life. Do not try and enter the property yourself if you think there is a fire.

If your smoke alarm goes off in the middle of the night, do not investigate to see if there is a fire. Instead, shout to wake everyone up, follow your escape plan and get out.

Check closed doors with the back of your hand; if they are warm do not open them as the fire is on the other side. If there is a lot of smoke, try and crawl along with your nose close to the floor.



Only working alarms save lives. Please never remove the batteries from your smoke or heat alarm and test every month.



Many residents will be eligible for the fitting of free smoke alarms, particularly those over the age of 65. Requesting a visit can be particularly important in the case of an elderly or vulnerable friend or relative, or someone who may have mobility issues or sensory impairment.

Please call your local Fire & Rescue Service if you think you may be eligible for the free fitting of smoke alarms.



Do you smoke?

Smoking is the number one cause of accidental fire deaths in the UK. If you or somebody in your home smokes, you need to take extra care to ensure you stay safe.

- Never smoke in bed or in a chair where you might fall asleep - if you fall asleep while your cigarette is still burning you could cause a major fire
- Use a proper ashtray that cannot be tipped and don't empty your ashtray straight into a bin, as the embers and ash could still be hot and cause a fire
- Keep matches and lighters away from children and pets
- Smoke outdoors - this is safer than smoking indoors
- Never discard cigarettes or smoking materials on or over balconies and ensure cigarettes are stubbed out properly
- Only buy legal cigarettes and don't leave e-cigarettes charging overnight

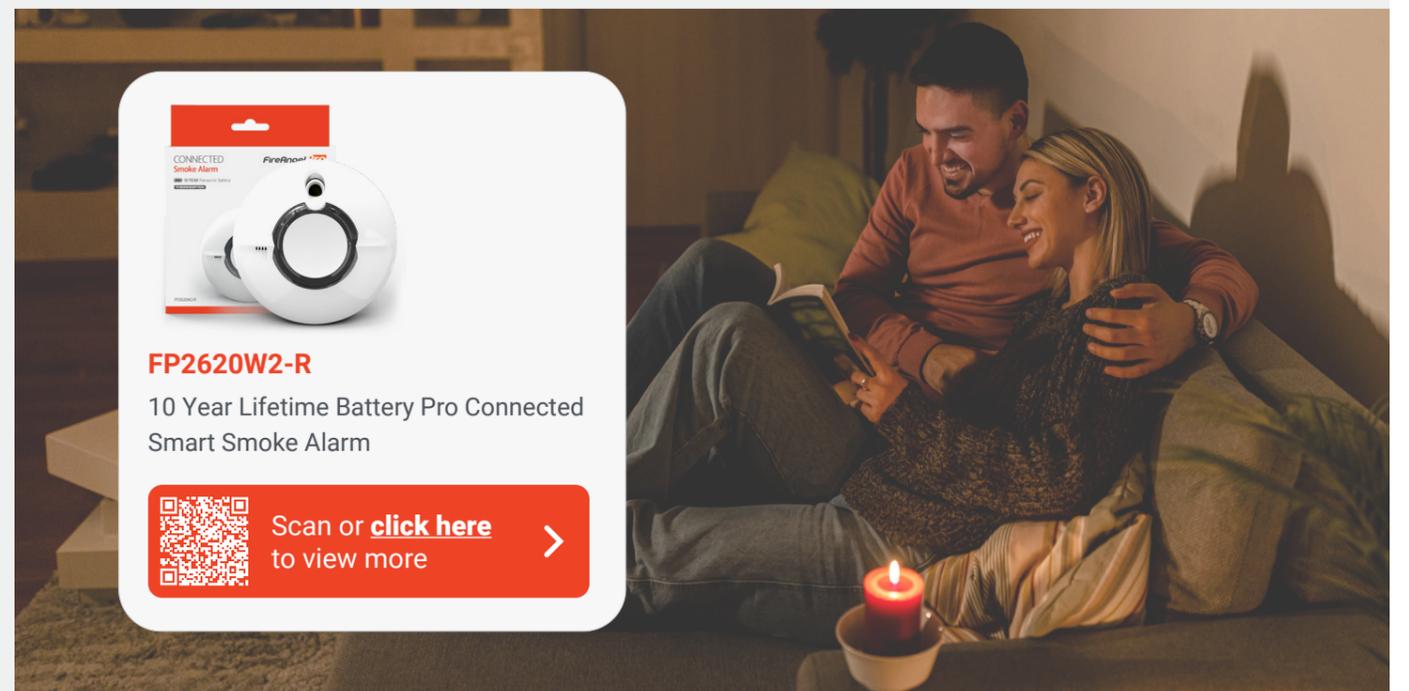
Make sure you put cigarettes out, right out.

Candles and fire safety

Around 30% of fires attended by Fire and Rescue Services that are started by candles result in death or injury. The safest way to enjoy candles is to use LED battery-operated ones instead. If you must use real candles, please follow this advice:

- Always make sure candles are in a suitable holder and away from anything flammable
- Don't use candles in bedrooms or anywhere where you might fall asleep - make sure they're out completely at night
- Place your candles carefully; make sure they are on a stable surface, out of the reach of pets and children
- Keep candles away from flammable objects like curtains, furniture, bedding and books
- Avoid using candles when tired or drinking

For more fire safety advice, search [#NetworkofSupport](#) online





FP2620W2-R
10 Year Lifetime Battery Pro Connected Smart Smoke Alarm

 Scan or [click here](#) to view more >

ELECTRICAL FIRES RISK



Are you overloading your sockets? Scan or [click here](#) to find out.

How to reduce risk of an electrical fire

More than **28,000 house fires** are reported each year as being caused by electrical faults, accidents or misuse.

Don't overload plug sockets as too many items can draw power from the one socket and can overheat - **one plug, one socket**. Appliances such as washing machines and electric heaters should be plugged directly into a wall socket as they are high powered.

Never leave your appliances like washing machines, dishwashers or tumble dryers on whilst out of the house or overnight. To keep safe, electric blankets should only be used to warm the bed and not left on whilst you're sleeping.

 Always buy electrical products - including chargers - from reputable retailers and manufacturers. Fake, counterfeit and substandard products are a fire risk so keep an eye out for the British or European safety mark.

Keep safe from e-vehicle fires

There has been a severe rise in fires caused by e-vehicles, such as e-scooters and e-bikes. Batteries used to power these electric vehicles have been known to start quick and ferocious fires. Fire & Rescue Services advise only using branded, genuine products and charging devices bought from reputable retailers that meet UK safety standards. Never charge electric bikes or e-scooters while you are sleeping or not at home and unplug once charging is finished.

Remember, never use water on an electrical fire. Pull the plug or switch off the power if it is safe to do so. Get out, stay out and call 999.

Cost of living crisis

As the cost-of-living crisis continues, it may be tempting to look for alternative ways to heat or cook at home that can lead to a greater risk of fire.

Therefore, we are urging everyone to follow the steps outlined in this booklet to avoid accidental fires and keep more people safe.



Scan or [click here](#) to check your home fire safety

Home Fire Safety Check



The **Home Fire Safety Check online tool** has been developed through a partnership between the National Fire Chiefs Council (NFCC), Fire Kills and Safelincs and is easy-to-follow.

It will take you through your home one room at a time and the simple questions will help you spot fire risks as you go around your home.



Fire Carbon Monoxide Environmental

Keep safe from fire at home

If you are worried about the potential fire risk in your home, we have plenty of guidance, advice and resources on our website.

Scan or [click here](#) if viewing online to visit the FireAngel website

